



Philippine Bean Soup

INGREDIENTS:

1 cup white kidney beans

Spinach

1 pound lean pork or beef, cut into small pieces

1 tomato, sliced

1 sweet onion, sliced

Salt and pepper

Soup stock or water

PROCEDURE:

Boil the beans, meat, tomato and onion until meat and beans are tender or soft with soup stock or half-filled pot with water. Season with salt and pepper. Add the spinach until cooked for 15 minutes. Remove from heat and serve with steamed brown rice.